



mare
calmo

A Sicilian Yoga (Re)treat
October 4-11th 2025



Location.

Agua Green Resort - a Sicilian Oasis



Escape to this magical retreat in south west Sicily, nestled among ancient olive trees and the breathtaking Baroque landscape, Agua Green is gonna be our Community nest for 8 days. Located near the island's most stunning beaches and crystal-clear sea of San Lorenzo, this serene haven offers the perfect setting to reconnect with your body, nature, and inner peace.

Discover this luxurious location in the heart of Sicily, surrounded by expansive olive groves and the beauty of Baroque architecture. This exclusive location offers junior suites, blending comfort and elegance, with ample open spaces for relaxation and reflection. Enjoy a stunning pool set beneath the olive trees, creating the perfect atmosphere for rest and rejuvenation. Just a 1-minute drive from the beach, you'll have easy access to Sicily's pristine coastline.

In October, the weather is ideal, with vineyards in full bloom, offering a sensory escape into nature, peace, and beauty. Immerse yourself in art and history, explore nearby natural reserves, and unwind in the charming old towns. Experience tranquility like never before, where the beauty of the land meets the calming energy of the sea.

Offer.



Mare Calmo

4-11th October 2025

This is a Community retreat, hence we are preparing an insane offer, ALL INCLUSIVE, at a ridiculous price. Our goal is to offer something like this for something that is unbeatable by the market.

Your experience includes

- 7 night in double twin junior suite room with private garden
- One daily yoga class, likely held outdoors in lush garden surroundings, along with
- Delicious breakfast, lunch, and dinner prepared with local ingredients
- Enjoy exclusive beach access at AguaBeach Resort, one of the island's most luxurious beach clubs, where you can relax in the resort's private pagodas
- Take a dip in the stunning olive grove pool and make the most of your stay
- Included car rental for effortless island exploration
- The retreat also features a guided tour of the charming Baroque cities of Noto, Siracusa and Scicli, plus a visit to Cala Mosche—considered the most breathtaking beach in all of Sicily

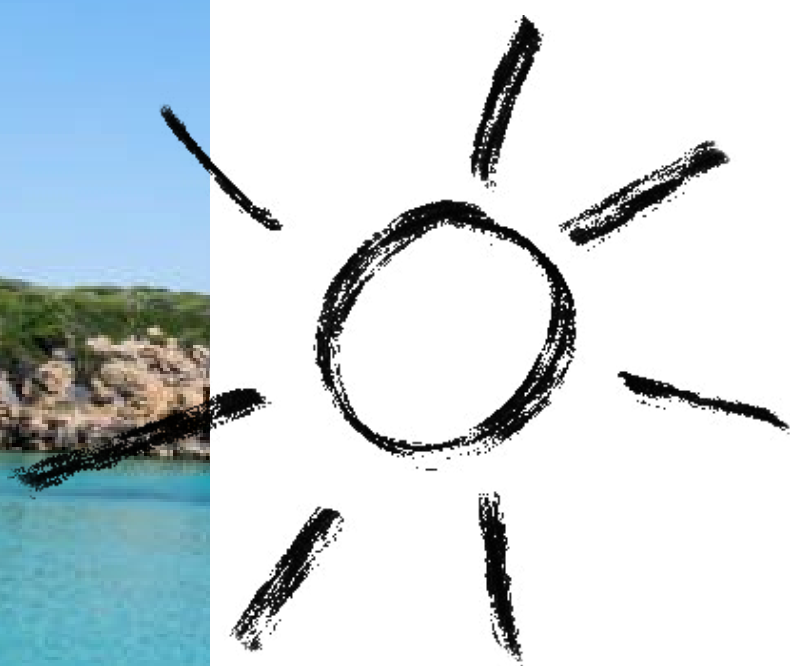


Experience luxury, relaxation, and adventure all in one perfect getaway for **only £970** (this is ridiculous cmon :))

Anything not indicated in the list is not included in the price.

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Explore.

During our retreat, you'll embark on a journey that goes beyond yoga, exploring some of Sicily's most enchanting and culturally rich destinations. We'll visit the ancient city of Siracusa, a UNESCO World Heritage site, where history and beauty blend seamlessly in its stunning architecture and lively piazzas. Next, we'll head to Noto, the Baroque jewel of Sicily, renowned for its magnificent cathedrals and ornate palazzos. And Scicli, with its hidden small streets, unbelivable views and a secret way up to the Cathedral of San Matteo and Santa Chiara which require a gentle hike up to the hill, a real gem.

A highlight of the retreat is our trip to Cala Mosche, a hidden gem and one of the island's most pristine beaches, set amidst lush nature reserves. Along the way, you'll savor Sicily's finest cuisine, sampling fresh, local delicacies that reflect the island's rich culinary traditions. This retreat offers a perfect mix of nature, culture, and relaxation in some of the most magical places on the planet.

And while doing this you'll have a special local guide... Matti, your yoga teacher, who is born and raised in this part of Sicily until he was 18, knowing any single corner of the island, guiding you through the most secret places.

Accommodation.

Your accommodation during the retreat is a shared junior suite (twin beds convertible to king) designed for ultimate comfort and serenity, providing flexibility for your stay. You'll enjoy a peaceful setting in one of the most tranquil parts of the resort, with a private garden offering a perfect space to unwind. From your suite, take in breathtaking views of the valley and the sparkling sea, creating an atmosphere of complete relaxation. It's the ideal retreat to reconnect with nature and experience the beauty of Sicily.



Teachers.



Meet Matti, the passionate founder of our community and your guide for this transformative retreat. Born and raised in Sicily, he brings an intimate knowledge of the local culture and landscapes, ensuring that you experience the island's magic like never before. With a deep commitment to your journey, Matti will lead you through daily yoga sessions designed to awaken your spirit and connect you with the essence of Sicilian life. His energy and enthusiasm will not only inspire your practice but also immerse you in the vibrant Sicilian vibe, making every moment of your retreat a beautiful discovery. Get ready to explore, learn, and connect with Sicily through Matti's eyes and heart!

Elena, our second wonderful instructor, brings her warm, uplifting energy to each morning yoga session. With a deep passion for sharing love and positivity, she sets the perfect tone for your day, guiding you through practices that awaken both body and spirit. As a proud Italian, Elena will help facilitate your retreat experience, ensuring that the essence of Italy is infused into every moment. From the vibrant yoga sessions to your island explorations, she'll make sure you feel the true Italian spirit while discovering the beauty of Sicily. Elena's presence guarantees that each day is filled with joy, connection, and authentic Italian charm.



How to book.

Life is busy and we are mindful that you may need to plan ahead to make sure you'll be able to join. Here are some guidelines...

- Application start on **January 15** at noon. By sending an email to hello@communityyogaproject.com express your intention to participate in the retreat.
- If your application is accepted, you will receive a confirmation email by **January 20**, along with a link to make a **50% downpayment** to reserve your spot.
- You will have **3 days** to complete the downpayment. If not done, the next person in the queue will be selected.
- Cancellations made by **February 15** will receive a full refund.
- Cancellations made by **March 15** will receive a **50% refund** of the amount paid. After March 15, no refunds will be allowed. In case of unplanned circumstances, we'll refund if a replacement will be found.
- The remaining balance must be paid by **May 1**. Failure to make the payment by this date will be considered a **cancellation with no refund**.
- The retreat will welcome **24 participants** (12 females and 12 males). This is not a dating event, but we strive to maintain a balanced group for the best experience.
- Selection is based on a **first-come, first-served** basis, so early booking is recommended!

Joy

Peace

Fun

Connection

